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To whom it may concern

I have known Andy Lewis for some time and have always been impressed with his energy and passion for young people. I first met Andy when he came to speak at one of our whole school assemblies and his humour, disarming honesty about overcoming his disabilities, both physical and mental, had a powerful effect on the whole school in the most positive of ways. I watched children who had been diagnosed with dyslexia and who were feeling overwhelmed with all they had to cope with, visibly sit up and look encouraged at what can be achieved with grit, courage and determination. His circumstances were life-changing for him and his story had the same impact on all who heard it.

He is a truly remarkable ambassador and I have the highest regard for him. He has a unique ability to win round the most reluctant athletes and has created a culture in so many schools and educational establishments where giving of one's best and never giving up are the norms.

I thoroughly recommend him as someone who has the emotional intelligence not only to identify the heart of the problem, but come up with indefatigable resources and solutions for moving forward.

Luth Frett

Ruth Frett Head

