



Its fun to TRI

Hosted by Paralympian Andy Lewis MBE
ITS BACK FOR 2020

Sun April 5th 1400-1500 @ Freedom Leisure Lydney Swimming Pool
Swim skills - With Andy Lewis

Sun May 3rd 1100-1200 @ Freedom Leisure Lydney Tennis Courts
Bike Skills - With Andy Lewis & Team

Sun June 7th 1100-1200 @ Freedom Leisure Lydney Astro Turf
Run Skills with Andy Lewis

Sun July 19th 1400-1530 @ Freedom Leisure Lydney
Mini Triathlon

**IMPORTANT - Please register you child/children on Andyjlewis.co.uk,
for each session.**

Select Services, kids Camps & Register

